

Introducing the Walkstation

Based on years of proprietary NEAT™ research by Dr. James Levine of the renowned Mayo Clinic, the Walkstation is the first product in an entirely new category of products designed to help bring healthy habits to sedentary workers while they are actually working.

It's no secret that in today's society the increase in obesity is driving up healthcare costs and driving down worker productivity. Dr. Levine's proprietary NEAT™ research (non-exercise activity thermogenesis) determined that the workplace and its sedentary workforce can realize significant health, economic and social benefits if workers are physically active during their normal desk-based activities. And that's precisely what the Walkstation promotes: workplace environments in which burning calories, stress-relief and other benefits of walking slowly seamlessly enhance the full-range of responsibilities that are traditionally handled in a seated manner.

Available to order: November 19, 2007



Walkstation

Commercial Grade Treadmill (True Fitness Technology Inc.)

- The display console shows speed, calories burned, time and distance. Console may be visible or stored
- Controls are always out front and easily accessible
- Safety key is magnetic and always accessible
- Upper control parts are field replaceable via RJ-45 connectors
- High torque motor made to withstand the rigors of slow speeds for long periods of time
- 2.0 mph maximum
- 0.1 mph speed adjustment (.3 mph – 2 mph)
- Uses between 3 to 8 amps based on load
- Plugs into a 110 volt outlet on a dedicated 20 Amp circuit
- Frame: powder coated welded steel
- Tread belt area: 18" – 53"
- Max weight capacity: 350 lbs.
- Patented Soft System® surface with Neoprene shock absorbers in front third of the deck
- Whisper quiet for the office environment
- Indicators on the belt to show movement and belt edge
- No incline
- Narrow frame design; Treadmill dimensions: W23½" x D64" x H6"
- Treadmill finish: Black only
- Treadmill frame has a lifetime warranty, treadmill parts and wear items are warranted for three (3) years, treadmill service and labor are warranted for one (1) year

Series 7 Height-Adjustable Worksurface*

- Height adjustment on the treadmill key pad
- Worksurface proportioned for limited reach
- 30¼" – 46" electric height adjustability range (6" step up onto treadmill)
- Urethane High Profile edge spans entire front edge (palm rest, cushions front edge, and grip for balance)
- Metal Treadmill Receiver Plate between table feet insures stability (table will not tip over), keeps treadmill & table aligned and secures treadmill front to back
- Front indent on worksurface gets user closer to flat panel and keeps body aligned to treadmill base

Specifying Hint

- Use of a wireless headset is recommended for phone conversations
- For Privacy and Modesty Screens and Cableways, see pages 68-69
- For Flat Panel Monitor Arms see pages 47-50

*Same specs as Series 7 (see chart on pages 56 & 57) with the following exceptions: adjustment range, sizes, controller options, comparable sizes, list price Patents Pending

07-0001525

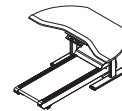


Urethane High Profile Edge Worksurface: has 90° corners. Front (user's) edge has the urethane high profile only. Back and side edges are flat. When specifying a Urethane High Profile Edge Worksurface, please choose a finish: Black or Felt

A7TG660606H

Overall footprint, including treadmill: W66 x D67

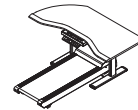
Worksurface: W66 x LD6 x RD6 (full depth 32" at center)



A7TG660632H

Overall footprint, including treadmill: W66 x D67

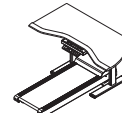
Worksurface: W66 x LD6 x RD32



A7TG663206H

Overall footprint, including treadmill: W66 x D67

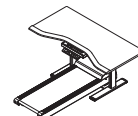
Worksurface: W66 x LD32 x RD6



A7TR663232H

Overall footprint, including treadmill: W66 x D67

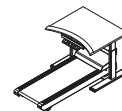
Worksurface: W66 x LD32 x RD32



A7TR383030H

Overall footprint, including treadmill: W38 x D67

Worksurface: W38 x LD30 x RD30



Sit-to-Walkstation

This sit-to-walk version provides an area where the worksurface can be lowered for seated use. The user then has the flexibility to adjust from a seated, to a standing, to a walking position with room for a chair next to the treadmill. Use of a wireless mouse and keyboard is recommended. Treadmill mounts under right or left side of the table.

A7TR782929H

Overall footprint, including treadmill: W78 x D67

Worksurface: W78 x LD29 x RD29

